## "KEEP YOUR EAR TO THE GROUND"

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SleepMix<sup>™</sup> Tea Ease Plus<sup>™</sup> by Health Concerns<sup>™</sup>

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\* For Best Results, Lil'Man, you will read as much as you can about each Tool in our Toolbox before you decide which one is best-suited to your own particular symptoms. For some symptoms, there is more than one Health Concerns" Formula listed. The "Therapeutic Actions" are what we would call symptoms, and the more of them which apply to you, the more helpful that formula may be; however, you do not need to have all the symptoms listed for that Formula to be appropriate.